

## Ready to make a difference?

Great news that you would like to become a Mental Health First Aider! This is a significant responsibility and an important role within the organisation.



If you're ready to make a difference, please answer these questions to register your interest in becoming a MHFA in your organisation.



Why do you think mental health in the workplace is important?



Most commonly MHFA training is a two-day course. With our FAA awards, you will receive an Ofqual-regulated qualification in mental health.



## Why are you interested in becoming a Mental Health First Aider?





What do you think you will bring to the role of Mental Health First Aider?

What would success as a Mental Health First Aider look like to you?





Find out more:

Level 2 'FAA Award in First Aid for Mental Health'