



Application form

Name:

Ready to make a difference?

Great news that you would like to become a Mental Health First Aider! This is a significant responsibility and an important role within the organisation.



If you're ready to make a difference, please answer these questions to register your interest in becoming a MHFA in your organisation. Be sure to get your managers signature for approval when you're done.



Why do you think mental health in the workplace is important?



Most commonly MHFA training is a two-day course. With our FAA awards, you will receive an Ofqual-regulated qualification in mental health.



Why are you interested in becoming a Mental Health First Aider?



What will you bring to the role of Mental Health First Aider?

What does success as a Mental Health First Aider look like to you?



Signed:

Date:

Signed:

Date: